



Connections Studio

STUDIO A: PROPOSED SCHEDULE AUGUST 25, 2025 - MAY 30, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PRIVATE LESSONS		PRIVATE LESSONS		STUDIO CLOSED/ PRIVATE LESSONS	10 - 10:30 AM PRIVATE LESSON
	10 - 10:30 AM BASIC TUMBLE 3 - 5 YRS OLD				
	10:35 - 11:05 AM FIRST STEPS 3 - 5 YRS OLD				
4:15 - 4:45 PM FIRST STEPS 3-5 YRS OLD			4:15 - 5 PM LEVEL 1: TAP 8+ YRS OLD		
4:45 - 5:15PM BASIC TUMBLE 3-5 YRS OLD			5 - 545PM LINE DANCE ADULTS/ SENIORS		
		PRIVATE LESSONS			

STUDIO B: PROPOSED SCHEDULE AUGUST 25, 2025 - MAY 30, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9 - 9:50 AM STRETCH STRENGTHEN STRIVE ADULTS/ SENIORS		9 - 9:50 AM STRETCH STRENGTHEN STRIVE ADULTS/ SENIORS	STUDIO CLOSED/ PRIVATE LESSONS	9 - 9:50 AM PILATES INTRO 1 ADULT/SENIORS
	10 - 10:50 AM PILATES 1 ADULT/SENIORS		10- 10:50 AM PILATES 1 ADULTS/ SENIORS		10 - 11 AM BEG. BALLET TEEN/ADULT
					11AM -12 PM BEG. MODERN TEEN/ADULT
3:30 - 4:15 PM BALLET/TAP 6+ YRS OLD					
4:15 - 5:15 PM LEVEL 1: BALLET 8+ YRS OLD					
5:15 - 6:15 PM LEVEL 1 & 2: JAZZ 8+ YRS OLD		5:30-6:30 PM STRETCH STRENGTHEN STRIVE ADULTS/SENIORS			
6:30 - 7:30 PM TEEN/ADULT HIP HOP		6:30 - 7:30 PM BASIC BALLET ADULT/SENIORS			
7:30 - 8:30 PM TEEN/ADULT BEG. TAP		7:30-8:20 PM PILATES INTRO 1			

OUR 2025 - 2026 SEASON WILL BEGIN AUGUST 25, 2025 - MAY 30, 2026.

CONNECTIONS STUDIO WILL BE CLOSED FOR THE FOLLOWING HOLIDAYS: 9/1/25, 10/31/25, 11/25-30/25, 12/2/25 TO 1/4/26, 3/31-4/5/26, 5/25/26

***ALL CLASSES/DATES/INSTRUCTORS/EVENTS, ETC. ARE SUBJECT TO CHANGE.**